

THE POWER OF PURPOSE

 More To Life

Power of Purpose:
effectiveness, passion,



personal development for
beginnings & completions

On line: using Zoom for group, individual and partnering work plus small group work in France, South Africa & UK. French course held at 12 Rue du Lavoir, Pindray, Montmorillon.

Dates: Alternating Wednesday evenings (7- 9.30) & Saturday afternoons (2.30- 5.00pm) There will be no meeting on Easter Sat.

April Wed 12th, Wed19th, Sat 22nd, Wed 26th, Sat 29th & May 3rd

- Focus on your vision and goals so that you can create them
- End self- sabotage; replace avoiding with acting
- Create out of pleasure instead of being driven by fear
- Experience satisfaction with your choices
- Allow yourself to 'course correct' to create change
- Learn tools that you can use throughout your life
- Discover your deepest desires for 8 areas of your life.
- Uncover Life's purpose for you and choose your next steps.

Mentor: Zoë Grace Cozens

Costs: £250 or €285 for all 6 sessions plus a 6 session follow up support group (voluntary). CPD accreditation. Concessions and payment plan are available



For more details talk to **Zoë Grace** on **07813035763 on WhatsApp** or phone 05 49 48 71 20 or email: zoeleapfrog@gmail.com

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I tend to succeed through clarity of mind, nobleness of vision, and willingness to create.

Does that rule any of us out?

KBB Brown