

THE POWER OF PURPOSE

 More To Life

The Power of Purpose:
effectiveness, passion,



personal development for
beginnings & completions

Venue: on line, using Zoom for group, individual & partnering work

Dates: Sept Weds 6th, 13th, 20th, 27th, Oct Fri 6th & Wed 11th.
All sessions are from 7.00pm – 10.00pm, no. 5 is on a Friday.

With The Power of Purpose you can learn to:

- Focus on your vision and goals so that you can create them
- End self- sabotage; replace avoiding with acting
- Create out of pleasure instead of being driven by fear
- Experience satisfaction with your choices
- Allow yourself to 'course correct' to create change
- Learn tools that you can use throughout your life
- Discover your deepest desires for 8 areas of your life.
- Uncover Life's purpose for you and choose your next steps.

Mentor: Zoë Grace Cozens

Costs: £250 or €285 for all 6 sessions plus a 6 session follow up support group (voluntary). Individual catch up sessions during the course will be £20 each. Continued Professional Development accreditation. Concessions and payment plan are available.



For more details talk to **Zoë Grace** on **07813035763 on WhatsApp** or phone +33 5 49 48 71 20 (French landline) or email: zoeleapfrog@gmail.com or Skype on zoegraceleaping

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I tend to succeed through clarity of mind, nobleness of vision, and willingness to create.

Does that rule any of us out?

KBB Brown